

# Bailey Law Firm, L.L.C.

**NEWSLETTER** 



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# WE WILL GET THROUGH THIS

Despite how vicious Covid-19 has proven to be, we will get through this. However, it will take some time before life seems normal again. Until that day comes, here are some things you can do to stay positive, busy, and in good physical and mental health during this crisis.

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# FREE AUTOMOBILE INSURANCE POLICY REVIEW



Bailey Law Firm is pleased to announce that we will review your automobile insurance policy free of charge and I will give you my opinion on whether your policy is adequate. I will also recommend any additional coverages that will better protect you and your loved ones.

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# COMMUNITY MEMBER SPOTLIGHT:

Our community is filled with great people doing amazing things both professionally and personally. Joy Eggleston, the owner and operator of 27 Pancakes Breakfast and Brunch is one of them.



I KNOW THIS MAY BE HARD FOR MOST PEOPLE, BUT WITH SO MUCH BAD NEWS SURROUNDING YOU I BELIEVE IT'S MORE IMPORTANT TO TRY TO SEE THE BRIGHT SIDE OF THINGS.



Tyler D. Bailey Attorney & Counselor at Law

Covid-19 has proven to be an unparalleled enemy that has scourged the world claiming countless lives and disseminating global economies. Today, as a I write this article, the novel virus recently shuttered church doors across America on Easter Sunday, and has caused nearly all of us to sacrifice our personal liberties by "social distancing" in an effort to stop the virus' spread.

Despite how vicious Covid-19 has proven to be, we will get through this. However, it will take some time before life seems normal again. Until that day comes, here are some things you can do to stay positive, busy, and in good physical and mental health during this crisis.

### **Exercise Regularly**

Just because gyms and exercise facilities across the country are temporarily closed doesn't mean you should quit exercising. There are plenty of ways that you can stay in shape despite gym closures. For example, I have implemented weekly runs into my schedule. I now try to run hills in my neighborhood or go on regular jogs. Whether it's taking a leisurely walk, doing 50 push-ups, or taking an exercise class on YouTube, it is important to stay in good physical shape during this time.

### Limit the Cable News You Consume

Watching too much cable news during this time can cause you to have a negative outlook on life in general. Every day the news will display how many deaths Covid-19 has caused and it seems like positive uplifting news is hard to come by on television. While it is important to be informed, it is more important that you remain in a good mental state. To do so, I recommend limiting your cable news consumption to no more than one hour a day for the time being.

### **Declutter**

This is a perfect time to declutter your house of all the unused things that are taking up space. Just the other day I went through my closet and removed all of the clothing that I no longer wear. Not only did I clear my closet of mounds of clothes that I wasn't wearing, I will be able to help someone else by giving some fairly decent clothes to charity.

### Try to Look on the Bright Side of Things

I know this may be hard for most people, but with so much bad news surrounding you I believe it's more important to try to see the bright side of things. For example, if your initial thought is to complain that you can't go to your favorite restaurant because they're no longer allowing dining in the restaurant, try to change your thoughts towards something positive about the situation like being grateful that you can order in take-out and spend some more time at home with your family or maybe even think that you're saving more money by cooking rather than dining out! There is always something positive to find out of any situation. Now is the perfect time to be a glass half full person.

I pray that you and your loved ones stay safe and healthy during these difficult times. I hope my recommendations help you get through your days a little easier. We will get through this together.

# FREE AUTOMOBILE INSURANCE POLICY REVIEW



I frequently write blogs on what types of automobile insurance people should have to protect themselves, their families, and their financial wellbeing. If you are involved in a car wreck and do not have the right type of insurance or adequate coverage, you could be left to cover your medical expenses on your own and be placed in a desperate financial position. I do not want that to be your story.

For these reasons, Bailey Law Firm is pleased to announce that we will review your automobile insurance policy free of charge and I will give you my opinion on whether your policy is adequate. I will also recommend any additional coverages that will better protect you and your loved ones.

To have us review your automobile insurance policy, please send a copy of your declaration page along with all of your contact information to FreePolicyReview@baileylawfirmsc.com. We look forward to serving you.



Our community is filled with great people doing amazing things both professionally and personally. Joy Eggleston, the owner and operator of 27 Pancakes Breakfast and Brunch is one of them.

27 Pancakes Breakfast and Brunch, is owned and operated by Joy Eggleston, a former beauty industry professional in Columbia, SC. Her passion for cooking was ignited two years ago, and she began making plans to share her passion of opening a breakfast & brunch restaurant, featuring 27 different varieties and flavors of gourmet pancakes.

27 Pancakes and Brunch was officially launched January 21, 2020. Since then, they have become one of the most sought-after food trucks in the industry and they are one of the only pancake based food trucks within a 600 mile radius.

Joy and her team at 27 Pancakes have already proven themselves to be an important part of the Midlands small business community. They are now seeking to grow and expand their business to more areas in the state and throughout the country, spreading the joy of gourmet pancakes.

To learn more about 27 Pancakes Breakfast and Brunch and to see where you can find Joy and her fantastic pancakes, follow them on social media.

Facebook: @27pancakes Instagram: @27pancakes

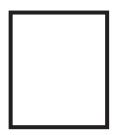


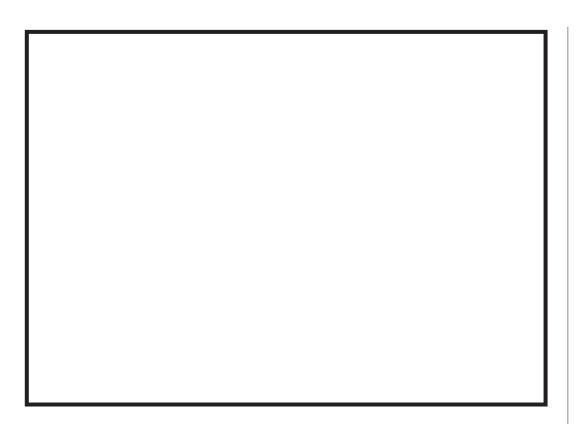






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