

Bailey Law Firm, L.L.C.

NEWSLETTER

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<u>IT'S NOT HOW YOU START</u> <u>That's Important, But</u> <u>How you Finish</u>

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p. 03 <u>10 WAYS TO SURVIVE</u> <u>THE HOLIDAY SEASON</u>

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p. 03 <u>SEE WHAT OTHERS ARE</u> <u>SAYING ABOUT US</u> G * * * *

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"IT'S NOT HOW YOU START THAT'S Important, but how you finish!"

- Jim George

While reflecting on my year and brainstorming on what I should write in my final newsletter of 2019, I came across the following quote by author and motivational speaker Jim George, "It's not how you start that's important, but how you finish!" I am thankful to be finishing my year on a high note. 2019 was a monumental year for me. I turned 30, my wife and I welcomed the birth of our first child, and I helped countless people across South Carolina obtain justice in cases that many would say were unwinnable.

How you finish and view your year is all about perspective. If you enjoyed tremendous success this year, you should be thankful and celebrate your victories. If you experienced challenges and shortcomings this year, you can still finish your year on a high note if you take some time to reflect and learn from your failures. While I enjoyed my fair share of both personal and professional success this year, I also experienced challenges like everyone else. I began my year by making a conscious decision to make 2019 my best year ever and encouraged each of you to do the same in my January 2019 newsletter. However, whenever you set big goals there is a chance you may fall short.

You shouldn't have any shame if you fell short on reaching a goal you set in 2019. The lessons learned from your 2019 shortcomings can make you a stronger and better person in 2020. Be conscious of the perspective you carry in the final days and weeks of 2019. Even if you didn't experience the success you hoped for this year, you should view your losses as lessons to make your future all the better! HOW YOU FINISH AND VIEW YOUR YEAR IS ALL ABOUT PERSPECTIVE. IF YOU ENJOYED TREMENDOUS SUCCESS THIS YEAR, YOU SHOULD BE THANKFUL AND CELEBRATE YOUR VICTORIES. IF YOU EXPERIENCED CHALLENGES AND SHORTCOMINGS THIS YEAR, YOU CAN STILL FINISH YOUR YEAR ON A HIGH NOTE IF YOU TAKE SOME TIME TO REFLECT AND LEARN FROM YOUR FAILURES.



Tyler D. Bailey Attorney & Counselor at Law

10 WAYS TO SURVIVE The Holiday Season

If you're anything like me, you may have a love hate relationship with the holiday season. I may not be able to personally celebrate the holiday season with you so I figured I would give you 10 tips on how you can get through the season in one piece. Let's just hope my advice works!

- 1. <u>Limit the amount of holiday sweets you eat.</u> The endless number of cookies, cakes, brownies, and other treats that seem to migrate towards you during the holidays can have a devastating impact on your waistline. Limit yourself to just a few sweets on any given occasions. You will thank yourself later when everyone else is making New Year's resolutions to lose the 15 pounds they gained over the holidays and you're still in tip top shape!
- 2. <u>Exercise</u>. You should exercise throughout the entire holiday season. Especially if you don't follow my advice on limiting the amount of holiday sweets you eat!
- <u>Don't argue about politics</u>. Leave the political banter to the pundits on television and stay away from political talk during the many holiday parties and family dinners you attend.
- 4. <u>Buy your gifts online.</u> This should be self-explanatory. Trying to find a park at any store during the peak of the holiday season is stressful enough to drive anyone crazy. Shopping online takes that stress away.
- <u>Shop within your means.</u> Going in debt to buy gifts for people who will careless about the gift a month or two later doesn't make any sense. If you can't afford it, don't buy it.
- 6. <u>It's ok to say no.</u> It is ok to say no to some of the invitations you receive during the holiday season. This time should be enjoyable, not stressful so if you don't feel like going somewhere, don't go.
- <u>Keep hand sanitizer on you.</u> The holiday season is also cold and flu season. Wash your hands often and keep some hand sanitizer on you!
- 8. <u>Use gift bags.</u> Use gift bags instead of spending countless hours wrapping gifts. That's unless you like wrapping gifts!
- 9. <u>Be realistic.</u> While the families in Hallmark and Lifetime Christmas movies seem so perfect, remember this is real life. Love your family for who they are even if they're a dysfunctional mess.
- 10. <u>Carry a spirit of gratitude and thankfulness.</u> Regardless of how stressful this time of year can be, keep a spirit of thankfulness and gratitude. You made it to another holiday season so take some time to be thankful.

SEE WHAT OTHERS ARE SAYING ABOUT US

Five Star Reviews on Google



Kimberly

Mr. Bailey and his team were fantastic! They were always responsive and made sure I understood all the details of my case and settlement. I would recommend Bailey Law Firm to all my family and friends.

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Kurtis

Tyler and his assistant were extremely helpful and professional. They communicated every step of the way and made sure I understood what was happening throughout the case. I'd recommend Bailey Law Firm to anyone who wants to get the most down to earth attorney to represent them while getting the most bang for your buck.

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BAILEY LAW FIRM NEWSLETTER

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